

# Parent to Parent Network

VOLUME \_\_\_\_ ISSUE \_\_\_\_

AUGUST, 2011

**Parent to Parent Network**  
201 Miller Avenue  
Norfolk, NE 68701

**Phone: 402-379-2268**  
**Toll Free: 1-800-555-8989**  
**veritas@parent-parent.org**

## From the Director

### In this Issue:

- *Biographies of current staff,*
- *Family Support Group Schedules,*
- *Domestic Violence Resource,*
- *Scheduled Activities*

Hello again!

The previous editor of this newsletter, Courtney Beaudette, is no longer with us. She finished her undergraduate work and has found full-time work with another agency. We wish her the best as she moves forward.

We have a new staff person: Jonathan Horn of Norfolk. You will see in his biography that he has strong personal and professional experience in the “children’s behavioral health” arena, and will bring a new energy to our organization. He is fluent in Spanish, making two of our staff so.

In the next few months before Christmas, one of us may

very well call on you. We have decided to reach out to other agencies, helping professionals, and other programs to try to increase our name recognition, and thereby the likelihood that families will know about us in the future. If you would like to initiate a meeting or have coffee, please give me a call, and I’ll be happy to buy!

Much of what we do focuses on strengthening family skills so as to better be able to help children with behavioral health skills. This doesn’t mean you need to become a clinician. Better understanding can mean better choices for support, and maybe less frustration, too.



**August is National Coffee Month**

## New Program for P2P

Effective July 1, Parent to Parent Network, along with five other Nebraska family organizations will begin providing services to callers to Nebraska’s “Help Line”.

The State of Nebraska contracted with the Nebraska Federation of Families for Children’s Mental Health to

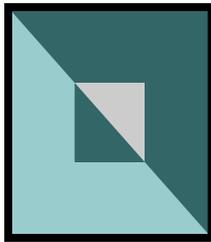
over see these services, and the Federation, in turn, contracted with the family organizations.

When callers reach the Helpline, they speak to a representative of Boys Town, the operators of the service. If deemed appropriate, Boys Town refers the family to the

family organization closest to them. It then is our job to make contact within 24 hours, and to see the family face-to-face within 72 hours, so as to be as responsive as possible.

Emergency callers to the Helpline will be served by Boys Town right away.





# Domestic Violence Facts

Parent to Parent  
Network

Volume 1, Issue 1  
August, 2011

**Myth:** Domestic violence is rare.

**Fact:** Unfortunately domestic violence is quite common. Thousands of women are abused every day in the United States. Most never tell anyone about it.

**Myth:** Stress causes battering.

**Fact:** While stress can cause difficulties in a relationship, it does not cause the violence. For example, most batterers do not respond violently when they become upset with non family members outside the home. They choose to use violence, and to whom it is directed.

**Myth:** Drugs or alcohol cause domestic violence.

**Fact:** While there is a high correlation between the use of drugs and alcohol and the existence of domestic violence, they do not cause the abuse. A substance program is separate from the domestic violence, and requires separate intervention and treatment. Additionally, many abusers do not use drugs or alcohol, thus disproving the cause and effect theory. It is easier to blame these substances than to take responsibility for the abuse.

**Myth:** Violence does not occur in relationships that appear normal.

**Fact:** Many people believe that violent relationships are easy to recognize because they do not seem “normal.” However, domestic violence can happen in any relationship. Abusers become professionals at presenting a normal façade, while a woman and her children hide the abuse due to fear of retaliation by the abuser if others were to find out about the violence.

**Myth:** In relationships with domestic violence, both partners are abusive.

**Fact:** Domestic violence is an issue of power and control. In the majority of these relationships there is one person who uses physical, emotional, and/or psychological attacks to manipulate and control the other person. A victim cannot act freely or make her own decisions due to the constant threat of abuse by the perpetrator. It may be difficult to determine which partner is the abuser, especially if both partners have injuries or if their descriptions of the incident differ. However, by looking at all aspects of the relationship as well as the fear each person feels (if any) towards their partner, the abuser can usually be determined.

**Myth:** Domestic violence is a private matter. “It’s none of my business.”

**Fact:** While domestic violence usually occurs between adult partners, it also has negative effects on their children, their extended families, and in their workplaces. For example, it is estimated that the cost of domestic violence to U.S. companies is \$3.5 billion annually, due to lost work time, increased health costs, higher turnover, and lower productivity.

# STEWARDS OF CHILDREN TRAINING

- 1 IN 4 GIRLS & 1 IN 6 BOYS ARE SEXUALLY ABUSED BY THE TIME THEY TURN 18
- 90% OF ABUSERS ARE PEOPLE WHO CHILDREN KNOW, LOVE, OR TRUST
- MORE THAN 60% OF PREGNANT TEENS HAVE BEEN SEXUALLY ABUSED
- 20% OF CHILDREN ARE SEXUALLY ABUSED BEFORE THE AGE OF 8

**To schedule a training at your facilities or to attend a public training, please contact Teri Schelect Family Services Coordinator at Parent to Parent Network, 402-379-2268**

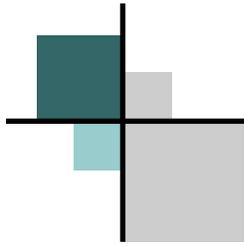
Core Features of the Stewards of Children Training

Participants will:

- \* Hear stories from survivors of child sexual abuse regarding their victimization and healing and learn from their experience.
- \* Learn the “7 steps to Protecting Our Children”, a tool for sexual abuse prevention.
- \* Receive a workbook detailing simple principles of choice, consciousness and personal power to understand the nature and impact of childhood sexual abuse.
- \* Be challenged to take personal responsibility for the safety of all children.
- \* Contribute to the discussion led by training, authorized facilitator(s) about critical issues in sexual abuse prevention and the relevance of these issues.

## stewards of children™

A prevention and response program for adults



## Parent to Parent Network Staff

### **Joanne Pieper, Office Manager**

My name is JoAnn Pieper. I am the Office Manager at Parent to Parent Network. I grew up in Dodge Nebraska. I have three older brothers. I came to Norfolk NE after graduation to attend Northeast Community College. I have lived in Norfolk for the past 20 years. I have always worked in the clerical field.

I have two children ages 24 and 21 who also live in Norfolk. In my spare time I like to read, watch movies and spend time with my family. My favorite author is James Patterson. My favorite season is fall.

### **Andrea Prior, Family Advocate**

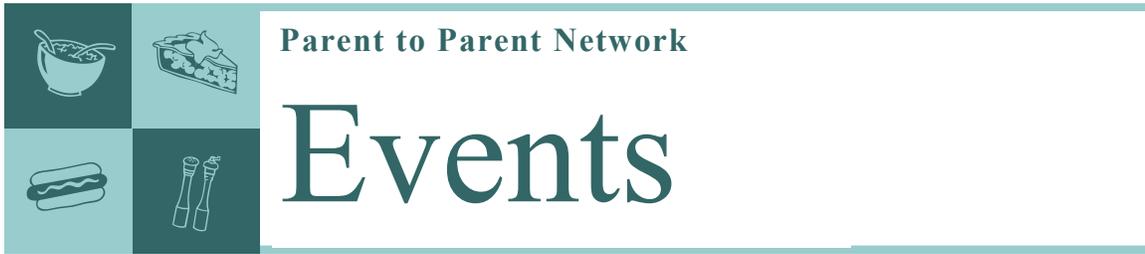
Andrea L. Prior- Family Advocate with Parent to Parent Network for about a year and a half. Andrea is from Merville Iowa. She is the wife to Chuck who is an elementary music teacher and the mother to Nicholas age 16 who was diagnosed with Aspergers Syndrome, Anxiety Disorder, Obsessive Compulsive Disorder (OCD) and Attention Deficit, Hyper Activity Disorder (ADHD) at the age of 11. Andrea is also the proud mother of Lydia who is 12. She was diagnosed with ADHD at age 9. Andrea attended the University of Nebraska and Lincoln where she completed her degree in Human Resources and Family Sciences. Her emphasis of study was child development studies. Andrea worked in child care centers and taught preschool for many years in the Lincoln NE area. She moved back to Iowa and was a stay at home mom. After their children were in school Andrea worked for 4 years at Early Head Start in Sioux City Iowa, She worked two years for Boys Town out of the Denison office, and currently she is happily employed at Parent to Parent, hopefully helping parents with similar situations with their children that she has been through with hers.

### **Kimberly Dye**

Kimberly Dye is a Family Advocate for Parent to Parent Network. She is mother of three children. She has lived in Nebraska all her life. Her hobbies are camping, fishing, swimming, gardening, going on vacations and spending time with my family. "I like being a part of Parent to Parent Network. I use my learned experiences and increase my knowledge. I enjoy working with the families and seeing them succeed."

### **Teri Schlecht, Family Services Supervisor**

My name is Teri Schlecht I'm the Family Services Coordinator for Parent to Parent Network. I've lived in Norfolk most of my life. I attended high school at Norfolk Senior High and received my Business Administration Degree from Northeast Community College. I am married and have two children age 10 & 2. I love to cook, bake, go shopping and read but most of my free time is spent with my family.



All Parent to Parent Events will be held at 201 S. Miller Avenue, Norfolk

**Family Support Group (Norfolk):** August 22 from 6 to 8 pm. A meal will be served.

**Family Support Group (Columbus)**

**Active Parenting Now Parent Education Class:** September 6 through October 4 from 6 to 8:30 pm. Class meets every Tuesday evening for five weeks. A \$20 book deposit is the only cost, and can be refunded with the return of the book. Participants who successfully complete the class will be given a certificate of completion at the last class. To register call:

402-379-2268

If you would like more information, or would like to schedule one of our classes at your organization, please call us at: **402-379-2268**

**If you or your organization have an upcoming event and wish us to include it in our Newsletter, simply email the information to: [newsletter@parent-parent.org](mailto:newsletter@parent-parent.org).**

## *Clifton Hogancamp, Information Systems Specialist*

I am Clifton Hogancamp. I have worked for Parent to Parent Network for seven years. When I started working for Parent to Parent, I was the Family Evaluator. I transitioned into the Data Collection Coordinator in 2009, then I was promoted to the Information Systems Specialist in July 2011.

I have been married to my wife Steph for ten years and we have called Norfolk home for the past eight years. We have one daughter together, Kathleen, who is almost four years old.

## *James Horn, Family Advocate*

My name is James Horn. I was born and raised in California during the seventies, so please forgive my eccentricities. My mom and I moved to Colorado after I graduated from high school to open a traditional Mexican restaurant. The business went very well. I joined the Army during Operation Desert Shield, and was in training during Operation Desert Storm. Due to an injury, I was not able to go with the rest of my battalion to Saudi Arabia, and was released from my obligations to the military after only five months. I am occasionally plagued by this injury, so you may see me limping now and then. It usually goes away within a few days. I moved to Nebraska in 1992, where I found myself in Norfolk. I have been here ever since. I am a survivor of Seminoma, also known as Testicular Cancer. It has been five years, and I am in remission. The Lord willing and the creeks don't rise, it will stay that way.

I met my perfect match in my wife Stephanie at the Norfolk Rodeo. It was the first time for both of us to see the rodeo...we have never been back. She is my heart, my best half, and one of the reasons I strive to do the best I can, everyday. The other reasons are my boys, Jarod, and Jordan. J-rod as we call him, is 13 going on 56, and regularly gains an inch or two in height during the night (or so it seems!). He plays the viola beautifully, and has a wonderful singing voice. Jordan is 11, and hilarious! He loves trains and clocks and elevators. He has been diagnosed with SOTOS Syndrome. This is a syndrome that I do not have enough paper to explain to you at this time. He is Autistic, and has had 40 surgeries to date. His resolve and his toughness helped give me the strength to overcome the difficulties of chemotherapy. My family is my life, and my all.

I have recently graduated from Northeast Community College, where I received my Associate's Degree in Business Administration. I am a member of Phi Theta Kappa, the International Honor's Society for two -year colleges. I will be going back for my Bachelor's Degree in Biology in the fall. Biology is a hobby that I have had since I was a little kid, mostly because my father worked for the National Forestry Service for 20 years. I have seen some of the most gorgeous places this country has to offer, and I would think it a shame not to learn as much about them as I possibly can.

I look forward to working with all of you, and hope that our families can meet very soon!



## Inside Story Headline

This story can fit 150-200 words.

One benefit of using your newsletter as a promotional tool is that you can reuse content from other marketing materials, such as press releases, market studies, and reports.



**Caption describing picture or graphic.**

While your main goal of distributing a newsletter might be to sell your product or service, the key to a successful newsletter is making it useful to your readers.

A great way to add useful content to your newsletter is to develop and write your own articles, or include a calendar of upcoming events or a special offer that promotes a new product.

You can also research articles or find “filler” articles by accessing the World Wide Web. You can write about a variety of topics but try to keep your articles short.

Much of the content you put in your newsletter can also be used for your Web site. Microsoft Publisher offers a simple way to convert your newsletter to a Web publication. So, when you’re finished writing your newsletter, convert it to a Web site and post it.

## Inside Story Headline

**“TO CATCH THE READER’S ATTENTION, PLACE AN INTERESTING SENTENCE OR QUOTE FROM THE STORY HERE.”**

This story can fit 100-150 words.

The subject matter that appears in newsletters is virtually endless. You can include stories that focus on

current technologies or innovations in your field.

You may also want to note business or economic trends, or make predictions for your customers or clients.

If the newsletter is distributed internally, you might comment upon new procedures or improvements to the business. Sales figures or earnings will show how your business is growing.

Some newsletters include a column that is updated every issue, for instance, an advice column, a book review, a letter from the president, or an editorial. You can also profile new

employees or top customers or vendors.

## Inside Story Headline

This story can fit 75-125 words.

Selecting pictures or graphics is an important part of adding content to your newsletter.

Think about your article and ask yourself if the picture supports or enhances the message you’re trying to convey. Avoid selecting images that appear to be out of context.

Microsoft Publisher includes thousands of clip art images from which you can choose and import into your newsletter. There are also several tools you can use to draw shapes and symbols.

Once you have chosen an image, place it close to the article. Be sure to place the caption of the image near the image.



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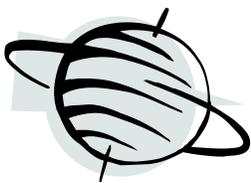
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Toll Free: 1-800-555-8989

201 Miller Avenue  
Norfolk, NE 68701

Phone: 555-555-5555  
Fax: 555-555-5555  
E-mail: someone@example.com



## Organization

Your business tag line here.

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WE'RE ON THE WEB!

EXAMPLE.COM

---

This would be a good place to insert a short paragraph about your organization. It might include the purpose of the organization, its mission, founding date, and a brief history. You could also include a brief list of the types of products, services, or programs your organization offers, the geographic area covered (for example, western U.S. or European markets), and a profile of the types of customers or members served.

It would also be useful to include a contact name for readers who want more information about the organization.

## Back Page Story Headline

This story can fit 175-225 words.

If your newsletter is folded and mailed, this story will appear on the back. So, it's a good idea to make it



**Caption describing picture or graphic.**

easy to read at a glance.

A question and answer session is a good way to quickly capture the attention of readers. You can

either compile ques-

tions that you've received since the last edition or you can summarize some generic questions that are frequently asked about your organization.

A listing of names and titles of managers in your organization is a good way to give your newsletter a personal touch. If your organization is small, you may want to list the names of all employees.

If you have any prices of standard products or services, you can include a listing of those here. You may want to refer your readers to any other forms of communication that you've created for your organization.

You can also use this space to remind

readers to mark their calendars for a regular event, such as a breakfast meeting for vendors every third Tuesday of the month, or a biannual charity auction.

If space is available, this is a good place to insert a clip art image or some other graphic.