Thank you for taking part in the 2014 Children’s Mental Health Awareness activities! As a parent, you are a valued partner and we are very thankful that you are joining us in celebrating!

Your local Family Organization will be providing charter bus transportation to Lincoln and back for you and your child(ren) to enjoy the Children’s Mental Health Awareness activities! It is your responsibility to meet everyone at the designated pick up point on time. They cannot hold the bus for late arrivals! If you need assistance with transportation contact your local family organization.

**Parent Name:       Child Name:       Child Name:**

The designated **HOST** from my Family Organization is:       Contact Number:

The charter bus I will be riding to Lincoln will depart on: Date:       Time:       Location:

(Please plan to arrive at least 30 minutes prior to departure in order to load all luggage)

Lunch will be provided on the trip to Lincoln on the charter bus I am riding. YES NO

Expected Return Trip Arrival Date:       Time:       Location:

Lunch will be provided on the trip back home on the charter bus I am riding. YES NO

In case of an emergency or last minute changes, please contact:

[ ]  I have signed a photography release for my child.

[ ]  I understand the Family Organization is not liable for me or my child.

[ ]  I understand that I am responsible for supervising my child(ren) at all times.

[ ]  I understand I am responsible to ensure that it is left in the in the same condition which it was found.

[ ]  I will accept one hotel room key for my family from my Family Organization HOST.

[ ]  I will accept one Champions event bracelet for each of my children and one set of tickets for myself.

 (Any other tickets than what are provided by my HOST are my responsibility to purchase)

[ ]  I agree to be ready to be on the bus at the designated times in which I am informed.

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Parent Signature Date

(Parent and Family Organization should retain a copy of this document)

**TIPS FOR RIDING THE BUS:**

* Bring activities for your child(ren) to do on the bus.
* Arrive early to load the bus (both on the trip to Lincoln, and returning home)
* Bring small snacks in case your child gets hungry on the bus

**TIPS FOR THE CAPITAL EVENT:**

* Prepare for hot weather and standing in the sun. Bring sunscreen, hats or umbrellas to shade yourself, and of course we live in Nebraska the possibility of rain.
* Do not go on to the street. The Riders will be pulling up to the event. Wait until the Riders signal you to approach them if children want to meet them and see the bikes.
* Your Host will be handing out bottled water and an awareness scarf to you and your child. When the Riders arrive, wave your scarves in support!
* We will have a tent set up with bottled water and shade.
* We will have special guests entertaining us while we wait for the arrival of the Riders, native American drummers enjoy but please be respectful.
* We will be asking some of the youth to help us with carrying the banner and letters up the steps to meet the governor. So you may want to ask your child(ren) if they would be interested and let your host know.
* Please be responsible for your litter, we would certainly not like to leave our state capital full of garbage.

**TIPS FOR CHAMPIONS:**

* The Pony Express Riders will be in a special area of the parking lot, so you can check out the bikes and ask questions. Please remember the bikes can be very hot! They have just ridden them! Ask before touching!!!!
* If you need any help or have questions we will have designated staff assigned. They will be wearing bright green bow ties!
* With all the excitement and chaos at champions, If you or your child becomes overwhelmed or uncomfortable with all the noise, crowds or busy activities. We will have a quiet area in the large party room. We will have calming activities for the kids please feel free to use the area put your feet up and take a break. If you can’t locate the area ask one of the designated helpers to direct you.
* Children will be given wrist bands, this gives them unlimited fun rides. Parents will be given a limited amount of tickets to enjoy the rides as well. If you have small children that don’t enjoy the rides and games. Let your Host know, we will try to have some game tokens available for them.
* This year we will have a youth martial arts class giving us a demonstration, and some special music, please be courteous to our special guests. Also know you are welcome to ask as many questions as you would like!
* We want to make sure **everyone** has plenty to eat, so please don’t take more than you plan to eat. There will be water, ice tea and pop available.

**TIPS FOR HOTEL:**

* Please do not plan to check in to your hotel room until your HOST provides you with your room key.
* There is an indoor swimming pool and hot tub available, So don’t forget to pack your swimming suit!
* If your child would like to swim at the hotel, please supervise them at all times.
* There will be popcorn and a movie at an office next to the hotel, it is imperative that you are monitoring your child/ren at all times. In past years there have been complaints from other hotel guest regarding running and loud voices late at night.
* There will be breakfast provided by the hotel, please be respectful of other guests and monitor your children. We make sure there are plenty of snacks on the bus we understand the kids will probably be hungry along the way home!
* Please make sure you are at the bus with your bags ready to load before it is time to leave. One person can hold up the whole bus from getting everyone home on time!

You will be given a **feedback form** on your bus ride home. We would love to hear how you liked the event. We would also like to hear what we should add or change for next year. We want to hear from the kids as well. It’s important to us!